Rev. Ellen Rondina, LMSW, M.Msc.
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603-502-5457

EDUCATION

MSW, Summa Cum Laude, University of New Hampshire (2004)

M.Msc., Metaphysical Minister and Practitioner, University of Sedona and University Seminary (2010-2012)

BA, Music Performance; Minor: Social Work, Magna cum Laude, University of New Hampshire (1997)

Semester Abroad, School for International Training, Ghana: Arts and Culture (1996)

Foundation in Aging Certificate, Boston University (2011)

Professional Coaching Certificate, University of New Hampshire (2010)

ADDITIONAL EDUCATION

Online Faculty Development Series, Columbia University School of Social Work (2022-2023.) Completed a 5-session, yearlong post-Master's professional development series for online faculty.

Advanced Workshop on Designing Engaging and Interactive Synchronous Online Class Sessions: **Using Adobe Connect to Maximize its Pedagogical Value**. Columbia University School of Social Work (August 2022). Two-session, 4-hour post-Master's advanced workshop for online social work faculty.

Online Faculty Development Series, Columbia University School of Social Work (2021-2022)**.** Completed a 5-session, yearlong post-Master's professional development series for online faculty

Online Faculty Development Series, Columbia University School of Social Work (2019-2020) Online Faculty Development Series 4-session, yearlong post-Master's professional development series for online faculty.

Institute on Pedagogy and Technology for Online Courses, Columbia University (2019) Five-week, 25-hour intensive post-Master's online institute.

Emotional Freedom Technique Level II Practitioner, The Gary Craig Official EFT Training Centers with Ingrid Dinter (2011)

Level III Reconnective Healing Practitioner, Reconnective Academy International (2009)

PROFESSIONAL AFFILIATIONS and LICENSE

Licensed Master Social Worker (LMSW), State of Maine, since 2013
National Association of Social Workers, member since 2005
American Federation of Musicians, member since 1992
Society of Children's Book Writers and Illustrators, member since 2018

ACADEMIC APPOINTMENTS

Clinical Assistant Professor, Graduate School of Social Work, University of New England, (Aug 2011 – May 2015; Reappointed April 2014)

Instructor of Record/Adjunct Supervisor, Graduate School of Social Work, University of New England (Aug 2011 – May 2017)

Visiting Instructor, Phyllis and Harvey Sandler School of Social Work, Florida Atlantic University, Boca Raton, FL (Aug 2020 – August 2022)

Adjunct Professor, School of Social Work, Columbia University (Jan 2020 – Present)

Admissions Reviewer, School of Social Work Columbia University (Jan 2024 – Present)

Adjunct Instructor, Wurzweiler School of Social Work, Yeshiva University (Aug 2019 – Present)

Adjunct Faculty, School of Social Work, Boise State University (Jan 2024- Present)

Adjunct Professor, Department of Social Work, University of New Hampshire (January 2016 – Present)

Faculty Affiliate, Center for Peace Justice and Human Rights, Florida Atlantic University (Aug 2020 – Aug 2022)

Senior Adjunct Instructor, Department of Music, University of La Verne (August 2019 – May 2020)

Adjunct Instructor, Department of Music, University of La Verne (August 2015 - June 2019)

Adjunct Professor, University of New England School of Social Work (June 2015 – May 2017)

Adjunct Professor, University of New Hampshire, Department of Family Studies (2009-2010)

Adjunct Professor, University of New Hampshire, Department of Social Work (2007)

PROFESSIONAL APPOINTMENTS

Business Owner, ellen rondina, www.ellenrondina.com

I facilitate personal and professional growth through education, coaching, and writing.
Education/Professional development: MSW courses, post-MSW professional development courses, wellness workshops; self-care, mindfulness, meditation, stress management, consulting, mentoring
Transformational Coaching: Life, spiritual, wellness, career

Therapist, Your Journey, Caribou, Me (January 2024 – present)

Extension Educator, Family & Consumer Resources, University of New Hampshire Cooperative Extension (Aug 2005 – July 2011)

Provided educational and professional development opportunities in Strafford County, NH and statewide in the areas of Parenting, Human development across the lifespan, Financial Management, Child-Care, Nutrition/Wellness.

Consultant, United Way of the Greater Seacoast, Portsmouth, NH (2004 – 2005)

Facilitated/trained non-profits in developing logic models; program plans for their agency that highlight outcomes and how to measure these outcomes.

Intake Coordinator, Development Services of Strafford County, (now Community Partners), Dover, NH (July 2000 – August 2005)

Assisted individuals and families with developmental disabilities and brain injuries apply for support services by interviewing and assessing the needs and the level of functioning of the individuals. Represented the agency in various county-wide and state-wide councils, including a brain injury council, and an adult wrap-around team as a legislative advocate and an agency liaison.

Respite Coordinator, Development Services of Strafford Count, Inc. Dover, NH **(**August 1998 – July 2000)

Responsible for the development, implementation, and evaluation of a respite program for families who have a family member with a developmental disability or brain injury living at home. Oversaw a budget of over $180,000. Recruited, hired, and supervised respite providers.

Title I Tutor, Math and Reading, grades 5-8, Nottingham School, Nottingham, NH
February – Jun 1998

Responsible for providing academic assistance, curriculum modification, and evaluation for students who were deemed 'at-risk' in at least one of the two subjects, math or reading

UNIVERSITY COURSES TAUGHT

Bachelors level

- Practice with Individuals
- Practice with Groups
- Practice with Families
- Special Issues in Counseling Women
- Professions (Intro to Social Work)
- HBSE I
- Family Internship Seminar, Family Studies
- Field seminar, Social Work
- Music Appreciation/Music History
- West African Drumming
- Chamber Music (developed the program)
- Applied Flute

Masters level:

- Social Work with Children
- Core Concepts of Child and Adolescent Trauma
- Intro to trauma in practice
- Field/Practicum Seminar I, II, III
- Ethnicity, Gender, and Race
- Coping with Loss
- Orientation to Field & Field Planning, Foundation and Advanced year
- Advanced Psychosocial Assessment
- Advanced Clinical Practice
- Multiculturalism and Social Work
- Narrative Therapy
- Human Behavior in the Social Environment I and II
- Motivational Interviewing
- Independent Study—Organics in Ghana
- Social Work and Applied Creative Arts (developed course)
- Policy I, II
- Practice I & III

Field Instructor and Adjunct courses:

- Field Instructor Orientation (2013-2014 co-developed course)
- Field Orientation Training for Adjunct Professors (co-developed course)

PUBLICATIONS

Peer Reviewed Publications

Espinoza, A., **Rondina, E.**, (2023 [Under review]). Teaching West African Drumming in Small Western Institutions of Higher Education: Expectations, Issues, Pedagogies, Contexts, and Proposals. *Africa. Special issue "Music education: Philosophies and pedagogies of African music".*

Anderson, W. L., Ayer, N., Coha, A., Gray, B., **Rondina, E.,** & Bragdon, M. (2013). Virtual Field Education: The Global Connection. *Reflections: Narratives of Professional Helping*, *18*(2), 82–86

Public Scholarship

Books

Rondina, E. (on submission) *Find Your Rhythm*

Rondina, E. (on submission) *My First Meditation*

Rondina, E. (under contract) *Emotional Freedom: A Parent's Guide to EFT with Children.* Stamford, TX: Clear Fork Publishing

Rondina, E. (under contract) *I am Safe and Sound.* Stamford, TX: Clear Fork Publishing

Rondina, E. (under contract) *We are an Adoptive Family*. Stamford, TX: Clear Fork Publishing

Rondina, E. (2018) *Self-Care Revolution: 5 Pillars to Prevent Burnout and Build Sustainable Resilience for Helping Professionals. Upland, California: ellen Rondina*

Newspaper Articles

Rondina, E. (2010) Help Your Child Succeed in School

Rondina, E. (2009). Valuing the Importance of Fathers

Rondina, E. (2009). Celebrating Dad, *Parenting NH*

Rondina, E. (2007). Raising Tomorrow's Adults: Teaching Your Child Self Care, *Parenting NH*

Rondina, E. (2006). On The Road: Reducing Family Stress in the Car, *Parenting NH*

Non-peer reviewed articles

Rondina, E. (2018) Self-Care as collective process: Let's do this together!, isfglobal.org

Rondina, E. (2010) A Place for All Children; Supporting children at all developmental levels to be included in their childcare centers and early education program settings, extension.unh.edu

PRESENTATIONS

Peer Reviewed Conference Presentations

Rondina, E. (Oct. 2023). Trauma Informed Practice of Expressive Arts. NASW Maine Annual Conference

Rondina, E. (Oct. 2022). Creating a Recognizable Course Look. Presentation at the Columbia University School of Social Work AY2022-23 Online Faculty Development Series Session [2], online via Adobe Connect

Rondina, E., Groton, D., Skinner-Osei, P. (June 2022) *Decolonizing the Classroom: Strategies & Lessons Learned*. NASW FL Conference Poster Presentation

Rondina, E., Singh, C. (January 2021) *The Masks We Wear.* WeLead Diversity Symposium, FAU

Rondina, E. (October 2019) *Self-Care Revolution: 5 Pillars to Prevent Burnout and Build Sustainable Resilience for Helping Professionals.* Columbia School of Social Work Community Care Day

Espinoza, A., & **Rondina, E.,** (August 2018) *Teaching West African Drumming in Small Western Institutions of Higher Education: Expectations, Issues, Pedagogies, Contexts, and Proposals.* International Council for Traditional Music Study Group on African Musics 2nd Symposium. University of Ghana, Legon. Legon, Ghana

Rondina, E. (2009). Positive Discipline, a training presentation for the ABC Child Care Conference, NH

Rondina, E. (2007). Accommodating Children and Parents of All Needs, a training presentation for the ABC Child Care Conference, NH

Rondina, E. (2006). Food: It's More Than Just Eating, a training presentation for the ABC Child Care Conference, NH

Invited Conference Presentations

Rondina, E. (Nov 2022) Mindfulness, Meditation, and Mental Health Panel. Florida Atlantic University's Peace Justice, and Human Rights Initiative and Sandler School of Social Work

Rondina, E. (April 2022) Emotional Freedom Technique. Presentation on behalf of Healthy Aging Academy at Florida Atlantic University Wellness Series Session [2] for John Knox Village, FL

Rondina, E. (Jan 2022) Living Your Why. Presentation at Florida Atlantic University's Wellness Series Session [1], online via Zoom

Rondina, E. (2012) Exploring Frameworks for predicting healthy father-infant attachment, a training presentation for the NH Infant Mental Health Conference, NH

Rondina, E. (2008). Raising Sons, Raising Daughters; Special Issues of Adolescents, a training presentation for The New England Fatherhood Conference, MA

Rondina, E. (2010). Valuing the Importance of Fathers, training presentation at the Division of Children, Youth, and Families annual conference, NH

Invited trainings in Bullying and Cyberbullying

- **2011** Dover, NH school bus drivers
- **2011** University of New Hampshire speaker series, Durham Active Retirement Association
- **2011** University of New Hampshire student event and training on Cyberbullying
- **2010** University of New Hampshire Social Work Outreach Center Speaker Series
- **2010** Rochester, NH Middle School - all staff
- **2010** SAU 16, NH school staff training
- **2010** Dover, NH Rotary club
- **2010** Somersworth, NH School District

GRANTS

Peace, Justice, and Human Rights (PJHR) Research/Creative Activity/Professional Development Grant for PJHR Faculty Affiliates, $1800 (2021)

Fulbright U. S. Scholar: recommended for a Fulbright award in Belize to teach Social Work (2017-2018)

Behavioral Health Workforce Education and Training Grant: Community Access to Child Health in Maine, U.S. Department of Health and Human Services, Health Resources and Service Resources Administration (HRSA), Catch-ME three-year, $996,260 grant (grant project team member) (2014-2015)

HONORS, DISTINCTIONS, AND AWARDS

Wrote and self-published a #1 best-selling book (in two Amazon categories): SELF-CARE REVOLUTION: 5 Pillars to Prevent Burnout and Build Sustainable Resilience for Helping Professionals, 2018

Appointed principal flute at Carnegie Hall for *The Christmas Rose*,
featuring Tim Janis, composer, and Jane Seymour, 2012

Won the Principal flute chair, Portsmouth Symphony Orchestra, 2011

Chosen as conductor, flute choir, NHBDA (New Hampshire Band Directors Association) Middle School Honors Festival 2010

Written Press Releases: Award for 2nd Place, Eastern Region, National Extension Association of Family & Consumer Sciences, Sept 2007 for Live interviews for "Positive Parenting" segment of the 12:00 news, WMUR, NH, 2007

MSW, Summa cum Laude, University of New Hampshire, 2004

Nominated for Employee of the Year, Developmental Services of Strafford County (Community Partners), 1999-2003

BA, Magna cum Laude, University of New Hampshire, 1997

University of New Hampshire Department of Music Concerto Competition winner, 1995

Four-year full-tuition scholarship for Music Performance, BA, 1994

SERVICE

Florida Atlantic University (2020-2022)

Robin Rubin Center Committee

Presented committee with and initiated outreach to a list of possible new presenters to diversify presenters and offerings; Self-Care five-week series, Spring 2021

Professional Development Committee

Presented committee with a proposal for visioning; Proctoring offerings regularly; suicide prevention, childhood trauma, EMDR, Broward schools workshops

Justice, Equity, and Inclusion Committee

Assisted in course planning for Evidence Based Diversity in Practice
Presented as a guest speaker in Feminism
Researched and presented DEI program assessment tools
Connected Sandler School of Social Work to DEI consultant, Michael Robinson
Activity prepped for DEI consultant

Peace, Justice, and Human Rights (PJHR) Faculty Affiliate

PJHR faculty working group lead, Creative Arts and Social Justice
Leading a year of programming including facilitated mask making workshops across campus focused on identity, equity, inclusion, diversity
Have awarded 9 mini-grants to Bachelors, Masters, and PhD students for creative arts and social justice projects on campus

Mentoring BSW student, C. Singh

Upon my coaching and recommendation: she is actively involved in DEI work; has published in The New Social Worker Online, presented with me at WeLead Diversity Symposium, is co-leading mask-making activities through our faculty working group with PJHR, and has facilitated a Breezeway Dialogue event

Academic Program Review Committee
Writing Across the Curriculum committee
Healthy Aging Academy Member
Reaffirmation committee

University of New England: School of Social Work (2011-2015)

Chair, Program Assessment Committee
Online Student Orientation committee and course facilitator
Co-chair, Student Development Committee
Student Development Committee
Chair, HBSE sub-committee, to revise HBSE curriculum to include required biology components
Academic Advising Course Committee
Field Education Committee

Curriculum Committee

Field and Practice sub-committee, HBSE sub-committee

University of New England: Westbrook College of Health Professions (2011-2015)

Interprofessional Education Collaborative, IPEC
Social Justice and Arts Certificate development team

University of La Verne: University (2015-2020)

Voted in as Adjunct Faculty Assembly Representative (2019)
Volunteered and facilitated student group for Martin Luther King Jr. Day
Completed a campus-wide assessment of diversity and inclusivity

Community Service

Mindfulness, Meditation, and Mental Health event panel speaker, FAU, 2021

Offered weekly or twice weekly meditations through the Robin Rubin Center, available via livestream and recording, 2020-2022

Volunteer, teaching parent education at Foothill Family Shelter, Upland, CA, 2015-2020

Provided supervision for a school social worker in NYC as part of Columbia School of Social Work Volunteer Action lab, created in response to Covid, 2020-2021

Portsmouth Symphony Orchestra Strategic planning committee, 2013-2014

NH Disaster Behavioral Health Response Team, 1999-2015

Member, Strafford County Prevention board, NH, 1998-2011

Member, Family Reception Center board, County House of Corrections, Strafford County, NH, 2005-2011

Member, ABC (Alliance for Better Child Care) board, NH, 2009-2011

Member, NH Brain Injury Council, 1998-2005

GRADUATE FIELD PLACEMENTS

Advanced Graduate Internship: Development and Communications Assistant, Community Partners, Inc. Dover, NH (2003-2004)

- Wrote 2 successful grant applications
- Developed and implemented a volunteer program
- Acted as an agency liaison to other human service agencies in the community
- Co-developed a marketing and fundraising plan
- Facilitated communication between staff within the organization

Foundation Graduate Internship: School Social Worker/Counselor, Kelly and Bresnahan Elementary Schools, Newburyport, MA (2001-2002)

- Provided individual and group counseling and provided classroom social work curriculum