

# Ellen Rondina, LMSW, BA Flute Performance

Artist curriculum vitae

Flute

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[www.ellenrondina.com](http://www.ellenrondina.com)

## Education

**2004** MSW, University of New Hampshire, Summa cum Laude

**1997** BA, Flute Performance, University of New Hampshire, Magna cum Laude

**2012** M.Msc., Master of Metaphysical Science, University of Metaphysics

**2010** Professional Coaching certificate, University of New Hampshire

**2009** Level III Reconnective Healing Practitioner

**1996, 1997-1998** Ghana, West Africa; traditional drumming apprenticeship, Johnson Kemeh, instructor/master drummer

**1996** School for International Training, College Semester Abroad, Ghana, Field study: 'Music Education for Ghanaian Children', Kwabena Nketia, advisor

**1992-1994** New England Conservatory Preparatory School, Boston, MA

**1990-1992** Indian Hill Music School, Littleton, MA

**Principal flute instructors;** Seta DerHohannesian, Peggy Vagts, Andrea Mason

**Principal conductors;** John Page, Benjamin Zander, Aaron Kula, Dr. Louis Bergonzi

**Business Owner, ellen rondina** <[www.ellenrondina.com](http://www.ellenrondina.com)>

Mission:

I facilitate personal and artistic growth through education, coaching, and music

Education: wellness workshops; self-care, mindfulness, meditation, stress management

Music: Individual and group instruction, master classes, artist in residence programs, ensemble coaching

Transformational Coaching: Life, spiritual, wellness, career

## Honors and Awards

**2010** Conductor, flute choir, NHBDA (New Hampshire Band Directors Association) Middle School Honors Festival

**2004**, MSW (social work), Summa Cum Laude

**1997**, BA Flute performance, Magna Cum Laude

**1995** Concerto competition winner, University of New Hampshire Music Department

**1994** Four year full tuition scholarship for Flute Performance, University of New Hampshire

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### Teaching

**2015-** Adjunct Professor, University of LaVerne Music Department

Courses:

Music History and Appreciation

West African Drumming

Chamber Music

Applied flute

**2012-2015**, Conductor/Music Director, Kamala Sound Flute Ensemble (adult professional group)

**1998-2015**, Summer Youth Music School; flute master classes, flute choirs, private lessons, African drumming ensembles, University of New Hampshire

**1994-present** Private flute teaching and chamber music coaching, ellen rondina studio, Leddy Center for the Performing Arts, Stratham Cooperative Middle School after-school music program, North Berwick public school Excel program

### Adjudication

**2000-2012** NHBDA (New Hampshire Band Directors Association) Middle School Honors Festival

**2002-2012** NHMEA (New Hampshire Music Educators Association) solo and small ensemble festival

**2005** St Paul's School Keiser Student Music Competition

### Artist in Residence and Master Classes (sample)

**African Drumming, Song Writing, Dance**, Arts in Reach, adolescent girls program, New Hampshire

**African Drumming**, Berwick Academy, Maine

**Flute**, North Berwick, Maine Middle and High School Excel program

**African Drumming and Flute**, California, Vermont, New Hampshire, Massachusetts, Maine public schools

### Master classes/Residency topics (sample)

Developing a beautiful tone

Learning how to practice well

Developing a relationship with the metronome

Performance techniques and how to combat nervousness

Mindfulness and Music

### Performance engagements

30 + years of professional freelance performing

**2011-2015** Principal flute, Portsmouth Symphony Orchestra

**2009-2015** Flutist, Seven Rivers Wind Quintet

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**2009-2015** Flutist, Grupo Mofongo Salsa group

**1997-2015** Joyful Rain, flute/guitar duo

**1992-** Freelance as AFM music union member

Voice, piano, and African drumming skills

## **Selected Performance Venues**

Carnegie Hall, NYC

Jordan Hall, Boston, MA

Teatro Verdi, Firenze, Italy

Teatro Delle Fontane, Rome, Italy

Auditorium Pollini, Padova, Italy

Mechanics Hall, Worcester

Springfield Symphony Hall, Springfield, MA

Berklee College of Music

Dartmouth College

University of New Hampshire Johnson Theater

Longy School of Music Concert Hall

Gordon College

St. Anselm's College

Pearl St. Ballroom, Northampton, MA

The Paradise, Boston, MA

Rochester Opera House, Rochester, NH

The Music Hall, Portsmouth, NH

## **Discography/Videography**

**2015** Portsmouth Symphony Orchestra Live, Gershwin, Ravel, Mussorgsky DVD

**2014** Portsmouth Symphony Orchestra Live, Berlioz Symphonie Fantastique, Parma recordings

**2012** Portsmouth Symphony Orchestra Live, Family Holiday Pops Concert DVD

**2008** Dan Blakeslee, 'The Holiday Fair', pop

**2005** Gabrielle, 'Wide', pop

**2004** Lauren Wool, 'here with me', jazz/pop

**2002** 'Percy Hill Live', rock/pop/jam

**2000** 'B'Gock, On the Corner with Fuzz', Rock/Funk/Jazz

**1998** Leite Concert Winds, 'David Amram/John Leite 100=46'

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## **Non-music Academic Appointments**

**January 2015-** Adjunct Professor, University of New Hampshire Graduate School of Social Work

**September 2015-May 2017** Adjunct Professor, University of New England Graduate School of Social Work

**August 2011-2015**, Clinical Assistant Professor, University of New England Graduate School of Social Work

**August 2005- July 2011**, Extension Educator; Family & Consumer Resources, University of New Hampshire Cooperative Extension

**Academic year 2009-2010**, Adjunct Professor, Department of Family Studies, University of New Hampshire (Bachelors level)

**Fall 2007**, Adjunct Professor, Department of Social Work, University of New Hampshire (Bachelors level)

## **Testimonials**

### **African drumming**

“Working with Ellen was inspirational. Mastering the rhythms with a group of people was a fun, challenging, and deeply communal experience. During and after her class, I started hearing music all around me.”

**Lily Z., Kenyon College '14**

“Ellen came to our school and led a class in African Drumming for teachers. It was not only fun but informative, giving guidelines, websites and instruction on African drumming suitable for the Music teachers as well as teachers in other subjects. Her workshop was well organized. We began with Why African Drumming?, learned to play several of the instruments she brought with her (The real drums were much better than our classroom kid-friendly drums!), and had a wonderful discussion on how to incorporate African drumming into any curriculum. We were also given recommendations for purchasing instruments. We left the workshop relaxed, joyful (I think you could also label this as Music Therapy!) and excited about adding this to our music curriculum. The 8th grade General Music teacher at our school has done just that. I recommend her workshops and the addition of African drumming to the curriculum.”

**Catherine Hammon, M. Ed.  
Department of Music  
Cooperative Middle School, Stratham, NH**

### **Private Flute lessons**

“Ellen has a rare talent in a teacher: knowing the exact balance between instructing and encouraging. Beyond the obvious mastery of her subject and how to teach it, she is finely tuned to her students. As a consequence, we each get the guidance we need, despite being at vastly different skill and experience levels. As an older adult beginner, I am amazed at and grateful for her endless patience. Ellen is a bright light in the world who gives her lucky students much more than music lessons.”

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**Alex H., adult flute student**

“When you go to have a lesson with Ellen, you know it is not just a lesson to learn about hitting the correct notes, playing the right rhythms, or even playing in tune. She brings out the intricacy and beauty of the instrument through her love of music. She teaches that learning to play an instrument goes beyond reading the music, but involves seeing within oneself and engaging the mind, body, and spirit. This is my 5th year as a student of Ellen’s, and I look forward to sharing what I’ve learning and gaining knowledge of my flute every week!”

**Sarah K., high school sophomore**

### **Flute master classes**

(Anonymous evaluations)

“I think this was a wonderful class and that you’re an amazing teacher. I really hope that, when I become a music teacher, my students find me as inspiring as I find you.”

**High school master class student at music camp**

“I really enjoyed this class and having Ellen as a teacher. She seemed to always take an interest in every individual and was an excellent teacher.”

**High school master class student**

“Thank you for teaching all of us so much, and teaching me things that I never knew I could do before. I feel like I’ve gotten techniques that I can use to become a much better player. Thank you.”

**Junior high school master class student**

“Ellen was the best teacher I have had so far. I really connected with her and she had great ways of explaining things so I really got them.”

**Junior high student**